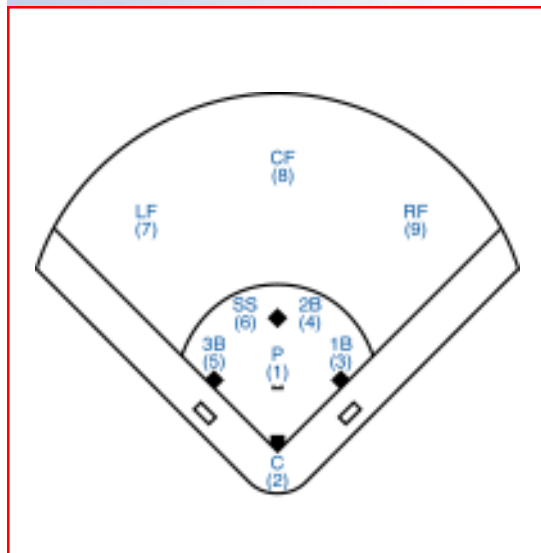




POSITIONING/BACKUPS: FREEZE FRAME



GOAL: Get in proper position

SETUP: 9 players (entire defense)

PLAY: 1. Hit to various locations.
 2. Players field the ball.
 3. Blow a whistle.
 4. Players freeze where they are.

SCORING: Everyone in proper position for fielding and backing up = 1 point



OBSERVATIONS

Either make notes on individual performance, player by player, or on the team's overall ability to perform the key components of the tactic: *communication, know responsibilities, be familiar with batter's tendencies and power.*



KEYS TO POSITIONING AND BACKUPS

- Be familiar with batter's tendencies.
- Watch for signals from coach on position adjustments.
- Shift left or right based on batter's tendencies.
- Play deep or shallow based on batter's power.
- Know your backup responsibilities.
- Be involved in every play.



COMMON ERRORS

- Playing too deep or too shallow
- Not shifting for batter's tendencies
- Standing around



QUESTIONS FOR PLAYERS

- What was the goal of the game?
- What did you have to do to be successful?
- How can you improve your positioning?